



**The Neighborhood House**  
 43 Wildey Street (Corner of Washington)  
 Tarrytown NY, 10591  
 914-631-0205  
 Tuesday—Friday 10:00 am— 4:00 pm



## MARCH 2010

| Sunday | Monday                                                                             | Tuesday                                     | Wednesday                                             | Thursday                                          | Friday                                                                                              | Saturday |
|--------|------------------------------------------------------------------------------------|---------------------------------------------|-------------------------------------------------------|---------------------------------------------------|-----------------------------------------------------------------------------------------------------|----------|
|        | 1                                                                                  | 2                                           | 3<br>1:00 Senior Art Workshop<br>1:00 Knitting Group  | 4<br><b>10:15 Going-On</b><br>1:00 Senior canteen | 5<br><b>10:00 Yoga for Snrs</b><br>11:30 Exercise (50+)<br>1:00 <b>Movie</b><br>1:00 Bridge         | 6        |
| 7      |  |                                             | 10<br>1:00 Senior Art Workshop<br>1:00 Knitting Group | 11<br>1:00 Senior canteen                         | 12<br><b>10:00 Yoga for Snrs</b><br>11:30 Exercise (50+)<br>1:00 <b>Movie</b><br>1:00 <b>Bridge</b> | 13       |
| 14     |                                                                                    |                                             | 17<br>1:00 Senior Art Workshop<br>1:00 Knitting Group | 18<br>1:00 Senior canteen                         | 19<br><b>10:00 Yoga for Snrs</b><br>11:30 Exercise (50+)<br>1:00 <b>Movie</b><br>1:00 <b>Bridge</b> | 20       |
| 21     | 22                                                                                 | 23<br><b>Cooking class (Memoir Writing)</b> | 24<br>1:00 Senior Art Workshop<br>1:00 Knitting Group | 25<br>1:00 Senior canteen                         | 26<br><b>10:00 Yoga for Snrs</b><br>11:30 Exercise (50+)<br>1:00 <b>Movie</b><br>1:00 <b>Bridge</b> | 27       |
| 28     | 29                                                                                 | 30                                          | 31<br>1:00 Senior Art Workshop<br>1:00 Knitting Group |                                                   |                                                                                                     | 27       |